



## Healing With Spirit

### Resources

**Note:** This document is also available as a PDF file containing active links on the Symposium website:  
[www.lightwinnipeg.org/Symposium](http://www.lightwinnipeg.org/Symposium)

#### BOOKS

Judith Anodea *Eastern Body, Western Mind*

Coleman Barks *The Essential Rumi*

Joan Borysenko *Minding the Body, Mending the Mind*

Barbara Ann Brennan *Hands of Light*

Deepak Chopra *Spiritual Laws*

Deepak Chopra *Quantum Healing: Exploring the Frontier of Mind/Body Medicine*

Norman Cousins *The Healing Heart*

Lama Surya Das *Awakening to the Sacred*

Yeshi Dhonden *Healing from the Source: The Science and Lore of Tibetan Medicine*

Larry Dossey *Healing Words: The Power of Prayer and the Practice of Medicine*

Larry Dossey *The Extraordinary Healing Power of Ordinary Things*

Wayne Dyer *The Power of Intention*

Jonathan Ellerby *Return to the Sacred*

Jonathan Ellerby *Inspiration Deficit Disorder*

David Frawley and Vasant Lad *The Yoga of Herbs*

Eugene Gendlin *Focusing*

Richard Gordon *Quantum Touch: The Power to Heal*

Richard Gordon *Your Healing Hands: The Polarity Experience*

Thich Nhat Hanh *Peace Is Every Step: The Path of Mindfulness in Everyday Life*

Anne Harrington *The Cure Within*

Louise Hay *You Can Heal Your Life*

Aldous Huxley *The Perennial Philosophy*

Jon Kabat-Zinn *Wherever You Go, There You Are*

Jon Kabat-Zinn *Coming to Our Senses: Healing Ourselves and the World Through Mindfulness*

Jack Kornfield *The Wise Heart*

Dolores Krieger *Living the Therapeutic Touch*

Brigitte Muller and Horst Gunther *A Complete Book of Reiki Healing*

Nisargadatta Maharaj *I Am That*

Ramana Maharshi *The Spiritual Teachings of Ramana Maharshi*

Randall McClellan *The Healing Forces of Music: History, Theory and Practice*

Shaun McNiff *Art as Medicine*

Robert Monroe *The Ultimate Journey*

Thomas Moore *Care of the Soul*

Thomas Moore *Care of the Soul in Medicine*

Bill Moyers *Healing and the Mind*

Caroline Myss *Anatomy of the Spirit*

Stephen Nachmanovitch *Free Play: Improvisation in Life and Art*

Judith Orloff *Intuitive Healing*

Robert Ornstein and David Sobel *The Healing Brain*

Paul Pitchford *Healing with Whole Foods*

Zhi Gang Sha *Power Healing*

Idries Shah *The Exploits of the Incomparable Mulla Nasrudin*

Idries Shah *The Pleasantries of the Incredible Mulla Nasrudin*

Idries Shah *The Subtleties of the Inimitable Mulla Nasrudin*

Idries Shah *The World of Nasrudin*

Bernie Siegel *Prescriptions for Living*

Shunryu Suzuki *Zen Mind, Beginner's Mind*

Tulku Thondup *The Healing Power of Mind*

Eckhart Tolle *The Power of Now*

Eckhart Tolle *A New Earth*

Chögyam Trungpa *True Perception: The Path of Dharma Art*

Lao Tzu *Tao Te Ching*

Neale Donald Walsch *Conversations with God*

Andrew Weil *Spontaneous Healing*

Ken Wilber *Integral Spirituality*

## **WEBSITES**

Aromansse [www.aromansse.com](http://www.aromansse.com)

Joan Borysenko, PhD [www.joanborysenko.com](http://www.joanborysenko.com)

The Chopra Center [www.chopra.com](http://www.chopra.com)

Larry Dossey Barbara Dossey [www.dosseydossey.com](http://www.dosseydossey.com)

Jonathan Ellerby, PhD [www.jonathanellerby.com](http://www.jonathanellerby.com)

Express Yourself [www.breathe-create-transform.ca](http://www.breathe-create-transform.ca)

Hollow Reed Holistic [www.hollowreedholistic.ca](http://www.hollowreedholistic.ca)

Hollyhock [www.hollyhock.ca](http://www.hollyhock.ca)

The Hope Foundation of Alberta [www.ualberta.ca/Hope](http://www.ualberta.ca/Hope)

Deborah Judith [www.deborahjudith.com](http://www.deborahjudith.com)

Jack Kornfield [www.jackkornfield.org](http://www.jackkornfield.org)

Beth Martens [www.bethmartens.com](http://www.bethmartens.com)

The Monroe Institute [www.monroeinstitute.com](http://www.monroeinstitute.com)

Thomas Moore [www.careofthesoul.net](http://www.careofthesoul.net)

Caroline Myss [www.myss.com](http://www.myss.com)

Omega Institute [www.eomega.org](http://www.eomega.org)

Bernie Siegel, MD [www.berniesiegelmd.com](http://www.berniesiegelmd.com)

Spirit Rock Meditation Center [www.spiritrock.org](http://www.spiritrock.org)

Lama Surya Das [www.surya.org](http://www.surya.org)

Eckhart Tolle [www.eckharttolle.com](http://www.eckharttolle.com)

Andrew Weil, M.D. [www.drweil.com](http://www.drweil.com)

Ken Wilber [www.kenwilber.com](http://www.kenwilber.com)